



PARADIGM SHIFT: SEEING STUDENTS THROUGH A TRAUMA-INFORMED LENS

Arkansas AWARE

Addressing ACEs
in Arkansas

Arkansas
Fact Sheet
2019

CDC:
Adverse
Childhood
Experiences

University at Buffalo,
Buffalo Center for
Social Research:
What is
Trauma-Informed Care?

Arkansas Department
of Health:
Adverse Childhood
Experiences

Trauma Resources



NPR:
Take the ACE Quiz and
Learn What It Does
and Doesn't Mean

Center on the
Developing Child,
Harvard University:
What are ACEs?
And How Do They
Relate to Toxic Stress?

ACEs Aware:
ACE Resources

National Child
Traumatic Stress
Network

PBIS Management
System for Schools:
Check-In/Check-Out
Behavior Intervention
& PBIS

The Burke Foundation: ACEs

Videos

Thought Bubbles! Mindfulness for Children



Nadine Burke Harris | TEDMED 2014 – How childhood trauma affects health across a lifetime
CDC – We Can Prevent ACEs

Books



The Body Keeps the Score by Bessel Van Der Kolk, MD

The Boy Who Was Raised as a Dog by Bruce Perry, MD, PhD and Maia Szalavitz

The Deepest Well by Nadine Burke Harris, MD

Self-Compassion: The Proven Power of Being Kind to Yourself by Kristin Neff, PhD