

# Exploring My Culture




Families and communities have their own cultures. A person's culture is what makes them unique or special. Culture can be expressed by clothing, foods, languages, music, symbols, celebrations, and art.

Think about what makes your community or family different from others. Draw or write your responses to the statements below to share about your own culture. Then, talk with another person or family member about your answers.


1. Special foods that you eat:

2. Games you play:

Example:



Example:




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3. Languages you speak:

Example:




4. Music you listen to:

Example:



5. Something special you celebrate:

Example:



6. Clothing, shoes, or jewelry that you wear:

Example:

