Q: What is “Rise and Shine”?
A: “Rise and Shine” is an extensive educational program aligned to state academic standards and designed to boost learning for PreK-5 students to mitigate potential learning loss during school breaks. The program – featuring lessons led by Arkansas teachers – reinforces learning in key subjects including literacy, math, science and social studies. Arkansas educators and statewide partners will provide customized content – built around the PBS KIDS programs you love – and engaging lessons delivered right to your television or streaming device. Accompanying instructional packets will be provided in both English and Spanish.

“Rise and Shine” is available via broadcast, livestreamed or on-demand at myarpbs.org/riseandshine, on the PBS App, on the Arkansas PBS channel for YouTube TV subscribers, and through on-demand devices where the PBS App is available, including Apple TV and Roku. Please visit myarpbs.org/riseandshine for the most up-to-date viewing schedule.

A robust community outreach component will localize the effort in all counties.

Q: What are all the ways I can watch “Rise and Shine”?

HOW TO WATCH by platform:

TV:
Arkansas PBS is available statewide over the air and through select cable and satellite providers. See the complete schedule and all the ways to watch at myarpbs.org/waystowatch.

ONLINE:
Broadcast content will livestream and be available on-demand at myarpbs.org/riseandshine.

Content is also available on the Arkansas PBS channel for YouTube TV subscribers. More information is available at myarpbs.org/waystowatch.

OTT devices:
Users can access “Rise and Shine” and other content through the PBS App and through on-demand devices where the PBS App is available, such as Apple TV and Roku.

Due to rights and other issues, “Rise and Shine” programming will not be available on our Arkansas PBS YouTube channel or on our Arkansas PBS Facebook page.
Q: Where do I find this at-home instruction on TV?
A: Arkansas PBS reaches statewide over the air and through select cable and satellite providers. More information about how to watch can be found at myarpbs.org/waystowatch.

Viewers can tune in depending on their location:
KAFT-Channel 13 (Northwest Arkansas)
KEMV-Channel 6 (North Central Arkansas)
KTEJ-Channel 19 (Northeast Arkansas)
KETS-Channel 2 (Central Arkansas)
KETG-Channel 9 (Southwest Arkansas)
KETZ-Channel 12 (Southeast Arkansas)
KETS-Channel 2 (Arkansas River Valley)

Q: Who will be presenting lessons?
A: Eight Arkansas Teachers of the Year:
Capri Salaam, 2023 Arkansas Teacher of the Year.
Jessica Saum, 2022 Arkansas Teacher of the Year.
Susanna Post, 2021 Arkansas Teacher of the Year.
Joel Lookadoo, 2020 Arkansas Teacher of the Year.
Stacey McAdoo, 2019 Arkansas Teacher of the Year.
Randi House, 2018 Arkansas Teacher of the Year.
Courtney Cochran, 2017 Arkansas Teacher of the Year.
Meghan Ables, 2016 Arkansas Teacher of the Year.

Additionally, two guest teachers – Trey Suskie and Lady Molina – will host special segments.

Q: Are there supplemental resources to go with the broadcast/online content?
A: Yes. Instructional packets – called Power Packets for grades K-5 and Little Lessons for preschool – featuring activities to extend and support the learning targets from the video lessons are available. Packets are available for download at myarpbs.org/riseandshine and through community partners such as local libraries, and are available in both English and Spanish.

Q: How do I get my Power Packet or Little Lessons packet?
A: Print your packet directly at myarpbs.org/riseandshine. You can also request a printed packet be mailed to you while supplies last.

Q: Are there bilingual materials?
A: Yes. Spanish language materials and schedules are available at myarpbs.org/riseandshine.

Q: What are you doing about places in Arkansas that may not receive Arkansas PBS on broadcast or cable/satellite?
A: “Rise and Shine” broadcasts are being made available on multiple platforms – including myarpbs.org/riseandshine, the PBS App and the Arkansas PBS channels for YouTube TV subscribers – to ensure anyone, anywhere can watch anytime.

Arkansas PBS is also currently expanding transmitter coverage with funds awards by the Arkansas CARES Act Steering Committee to ensure educational services are available for all in the future.
Q: Do you have more questions?

For help with broadcast:
For help with broadcast or finding Arkansas PBS on TV, contact Arkansas PBS Monday through Friday from 8 a.m. to 4:30 p.m. at 800-662-2386 or myarkansaspbs.org/contactus.

For help with educational instruction:
For help with educational instruction, contact the Arkansas PBS education team via email at RiseandShineHelp@myarkansaspbs.org.

Q: Will my regular programs on Arkansas PBS be disrupted during this time?
A: Arkansas PBS will modify regularly scheduled daytime programming during the broadcast of “Rise and Shine.” Families will have access to instructional packets to facilitate meaningful learning. Please visit myarpbs.org/riseandshine for the most up-to-date viewing schedule.

Early learning programming will also be available on our Arkansas PBS KIDS channel, which features PBS KIDS series 24 hours a day, seven days a week. The schedule of children’s daytime programming will differ on Arkansas PBS and Arkansas PBS KIDS, offering families a variety of options. Arkansas PBS KIDS is also available to livestream on various devices and with an interactive gaming feature. Learn more at pbskids.org.

Online resources:
“Rise and Shine” webpage: myarpbs.org/riseandshine
Ways to watch Arkansas PBS: myarpbs.org/waystowatch
Arkansas PBS resources for parents: myarkansaspbs.org/parents
Arkansas PBS resources for educators: myarkansaspbs.org/educators
Professional Development for Arkansas educators: ArkansasIDEAS.org
Sign up for learning resource emails: myarpbs.org/signup
Play games, print activities, download apps, watch PBS KIDS: pbskids.org
PBS Parent resources to help kids thrive: pbs.org/parents